

FREE LUNCHESES FOR KIDS + TEENS AT THE "KESTREL CAFE" AT KAMIAK ELEMENTARY SCHOOL JULY MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
17 Chicken Nuggets, SunChips Carrots 100 % juice Yogurt Milk	18 Nachos with Meat + cheese sauce Corn Peach Slices Milk	19 Classic Hamburger on bun Tater tots Strawberry cup Milk	20 Turkey Pinwheel Pizza or Cheese Pizza Green beans Apple sauce Dried Cherries Milk
24 French Toast Turkey Sausage/Egg patty Cinnamon Pears 100 % juice Milk	25 Teriyaki Beef Dippers Oven Fried Rice Pineapple tidbits Peas + Carrots Milk	26 Chicken Patty Sandwich Tater tots Apple Slices Milk	27 Turkey Pinwheel Pizza or Cheese Pizza Corn Raisels Goldfish Crackers Milk



Pullman Public Schools is participating in the USDA Summer Food Service Program. This program provides meals to kids and teens for free! Adults \$5.50
 Contact: nutrition@psd267.org or 509-332-5179

**SUMMER LUNCH JULY 17-AUGUST 10 MENU KAMIAK ELEMENTARY SCHOOL CAFETERIA
 MON-THURS 11:00AM TO 12:30 PM FRESH FRUIT + SALAD BAR INCLUDED WITH MEAL**

THE ALTERNATE TO THE MAIN MEAL IS A TURKEY+ CHEESE SANDWICH OR UNCRUSTABLE SANDWICH + CHEESE CUBES

This institution is an equal opportunity provider.

